

Satyanarayan Ritual

Check list

1. Primarily Love, devotion and conviction to make sure of your life function well (yours and your family members life) in all aspects.
2. Oath - One day, you can chant the mantra “Hariom Satya Naa-raa-ya-naa-ya” for few times, and tell the lord that you will do his ritual (Shree Satyanaryan Ritual) on so and so day and start preparing for it (making sure you will be available on that day). If you naturally miss that day, do it on the next full moon day. Or as said earlier, you can message me about the good day to do the ritual. After knowing the good day, you can take the oath as said above.
3. Bigger size of the printed platform of the ritual – Download it here
4. Some box or any other wood platform where, you can keep this ritual platform on – check video (you should not keep this platform on the floor and do the ritual. So under that, you should keep something.
5. Flowers – at least you should have 100 number of flowers (you can buy small size of flowers, they need not be big ones)
6. 40 to 50 number of small size papers (you can check the video). If you can get betel leaves it would be great (if you are in India, you can get betel leaves). You can check this link to know what is betel leaf - <https://en.wikipedia.org/wiki/Paan> . If you cannot get betel leaves, then you can use small pieces of papers – Check video
7. 40 to 50 currency coins

8. Two fistful of rice mixed with turmeric – If you cannot get turmeric in your area, leave it no problem, plain rice would be enough. You can check video
9. 40 to 50 betel nuts or Areca nuts – You can check https://en.wikipedia.org/wiki/Areca_nut_production_in_India to understand what it is. If you can get these nuts, you can get. If you cannot get them in your area, leave this item. No problem. Even if full nuts are not available, in some areas, you get small pieces of nuts. Even those small pieces are fine to use in the ritual.
10. Some six number of any fruits
11. Nivedan or food to the divine energies – you can cook any sweet to offer (which you and your family can eat later)
12. Incense Sticks – if you cannot get those incense sticks, that would be fine
13. Indian lamp or Diya or Deepak or Candle light (with wick and oil)
14. Camphor and matchsticks or lighter (if you don't have camphor, it is okay)
15. Ritual Bell (if you don't have this, leave it, no problem)
16. Print of the ritual stories (you can download the file from here – OR You can play the audio file which you can listen to (download it from here)
17. Ritual procedure – You will be given a video with audio directions in the background. You can download both text based directions and also audio based directions which you can simply follow and perform the ritual.